



Retreat Meeting Plan

Want to add a “Sense of Fun” to your team’s organization? Experience our Urban Resort with our in-house training package to broaden the mutual bond within your team!

Plans	Half Day Package (4 hours) From JPY 11,000 - per person Full Day Package (8 hours) From JPY 14,000 - per person *It depends on the day
Capacity	10 - 80 guests
Offer inclusions	Meeting room, Lunch, Coffee break, (Half day: once / Whole day: morning and afternoon once each), Sound & Lighting, BGM, Two wired microphones and White board One activity option from the following three activities Consumption tax and service charge
Lunch	Bento box at the meeting room or Lunch in Italian trattoria ‘Basilico’, Japanese restaurant ‘Irodori’ or Cafe restaurant ‘The Cafe’
Option	Photographer can be arranged on request • Video JPY 200,000 • Photo JPY 80,000 * Prices are exclusive of consumption tax

Team Building Activities



Activity 1 : Sunrise Yoga



Activity 2 : Cook-off Battle



Activity 3 : Shout to the Sea and Sunset
-Stress reliever

For further information and reservations

Event Sales (Mon - Fri 10:00 am - 5:00 pm) T: +81 6 6614 7886 F: +81 6 6614 7885 osaka.regency@hyatt.com

HYATT REGENCY OSAKA 1-13-11 Nanko-Kita, Suminoe-Ku, Osaka, 559-0034 T: +81 6 6612 1234



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Team Building Activities

Through relaxation and play, team building activities deepen mutual trusts and bonds.

Activity 1 : Sunrise Yoga

<Capacity 10 - 50 people>

Start a refreshing day by relaxing your mind and body with sunrise, at our rooftop garden, for a touch of nature.

Model Case

7:00 -	Get together at Roof Top Garden on the 9th floor
7:15 - 8:00	Yoga experience (45min)
8:00 - 10:00	Go back to the guest room for changing cloth and take a breakfast
10:00 - 12:30	Meeting
12:30 - 14:00	Lunch
14:00 - 17:00	Meeting

* Available to change to a healthy menu for lunch

Activity 2 : Cook-off Battle

<Capacity 30 - 80 people>

Ingredients for cooking will be announced on the day. Everyone is free to come up with great cooking ideas.

This is a full-fledged contest, in which our hotel chef will serve as a judge.

Model Case

9:00 - 12:30	Meeting
12:30 - 14:00	Lunch
14:15 - 14:30	Get together at the battle venue
14:30 - 14:45	Rule explanation /
	Announcement of ingredients
14:45 - 15:45	Team meeting / Start battle
15:45 - 16:30	Explanation by each team / Tasting /
	Result announcement

Activity 3 : Shout to Sea and Sunrise - Stress reliever

<Capacity 10 - 50 people>

A team competition that shouts to a beautiful sunset over Osaka Bay and ends with a toast of sparkling wine!

Model Case

9:00 - 12:00	Meeting
12:00 - 13:00	Lunch
13:00 - 16:00	Meeting
16:00 - 16:30	Get together at the roof top
16:30 - 17:00	Shouting contest
17:00 - 17:30	Toast with sparkling wine

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